

School Year 2023-2024 **Respiratory Virus, including COVID-19, Guidelines**REVISED 3 4 2024

NSD will operate in-school daily, as expected, during the 2023-2024 school year; remote learning is not an option.

NSD will continue to follow public health guidelines to mitigate the spread of respiratory viruses, including COVID-19. The CDC updated its respiratory virus guidance on Friday, March 1, 2024. A five-day stay-at-home recommendation is no longer applicable.

NSD encourages students/staff to stay up to date with COVID-19 vaccines.

To prevent the spread of a respiratory virus if you are ill, please follow recommended public health guidelines. Staff/students should stay home if displaying symptoms of respiratory viruses, including COVID-19, flu, and respiratory syncytial virus (RSV), and return to school when after 24 hours:

- · your symptoms are getting better overall, and
- you have not had a fever (and are not using fever-reducing medication).